

Curriculum Vitae

Sita B.K.

Ribdikot Rural Municipality-07, Palpa

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Summary: -

I have been in development sector for 8 years. My background is journalism since last eight years. During this time, I have various experiences of Radio journalism, paper and online journalism. I have good knowledge about program editor, production, presenting skills, news writer, audience recruiter, Floor Manager, Video Editing and mixing.

I am doing journalism by giving priority to the issues of marginalized communities. I have been working to bring the issues of Dalits, women, Madhesi, tribals, Muslims, Muktakamaiya, Kamlahari to the media. As well as I have good knowledge about importance of communication in development, keeping good public relationship, selection and mobilization of human resources and Computer Skills. I have involved of different journalism related organizations. Similarly, I am honest, hardworking and optimistic. I have participated in many workshops and seminars in national and international level. I have participated in many training as a Trainer as well.

Academic Qualification: -

Master's Degree in Health Education in 2018.

Master in mass communication and journalism (Running)

Professional experiences: -

Jagaran Media Center Kathmandu, Nepal

Katwal Radio Program Producer of Jagran media Center January 2021 to Present

- ❖ Coordinating with various journalists to make radio reports
- ❖ Produce Radio Programs Katuwal Radio Magazine on a weekly.
- ❖ Content research, Scripting, Editing, Reporting, Recording and mixing.
- ❖ Participate the national and international program to cover the media of marginalized issue.
- ❖ Responsible for news collection, interview & discussion, anchoring, CD burning /Relaying, and Documentation/archive (audio /data).
- ❖ For producing digital contents stories, photos, blogs, and videos.

- ❖ Contribute providing ideas to program planning and promotional efforts.
- ❖ Coordinating with journalists, Media houses, Partner radio stations, Partner organization, and Doner and other relevant stakeholders in other organizations to coordinate and collaborate on media projects.
- ❖ To engage and improve social media and official platform.
- ❖ Organize the panel discussion program
- ❖ Produce and develop PSA/Jingle.
- ❖ Collect the case stories.
- ❖ Support, editing, and mixing Jagran Bahas .
- ❖ Write news, interview and the story on issue base.
- ❖ Raise the ESCR, Dalit, and marginalized issue advocate through the media.

Jagaran Media Center Kathmandu, Nepal

**Media Consultant of Jagran media Center
2021**

February 2020 -

- ❖ Produce Radio Programs Katuwal Radio Magazine on a weekly.
- ❖ Content research, Scripting, Editing, Reporting, Recording and mixing.
- ❖ - Responsible for news collection, interview & discussion, anchoring, CD burning /Relaying, and Documentation/archive (audio /data).
- ❖ - For producing digital contents stories, photos, blogs, and videos.
- ❖ - Contribute providing ideas to program planning and promotional efforts.
- ❖ - Conditions with journalists, Media houses, Partner radio stations, Partner organization, and Doner and other relevant stakeholders in other organizations to coordinate and collaborate on media projects.
- ❖ - Produce and develop PSA/Jingle.
- ❖ - Collect the case stories.
- ❖ - Support, editing, and mixing Jagran Bahas and Pahal Samabesikaran
- ❖ - Write news, interview and the story on issue base.
- ❖ - Raise the ESCR, Dalit, and marginalized issue advocate through the media.
- ❖ - To engage and improve social media and official platform.

BBC Media Action Lalitpur, Nepal

**Radio Producer for Milijuli Nepali Radio Program
February 2018 - 30 March 2019**

Collected the various stories about reconstruction issue from earthquake-affected fourteen areas.

- ❖ Collected the stories about agriculture, women empowerment, togetherness, raged the beneficiary's problem, and learning experience during the house build.
- ❖ Coordinated to the stakeholders for *Milijuli Nepali* Radio Program.
- ❖ Collected the stories about retrofitting issue of partially damaged areas in eleven districts.
- ❖ Produced *Milijuli Nepali* Radio Program as well as script writing and editing.
- ❖ Selected the partner's radio station and maintained the good relationship to the partner radio's managers, presenters and producers.
- ❖ Supported to the partner radio stations during the Information Need Assessment Phase.
- ❖ Supported to the partner's radio stations during the community discussion, Scripting, planning, editing and research.
- ❖ Managed the data of our partner's radio stations audio files, audience, and panelists.
- ❖ Collected the case stories from our partner radio stations.

Audience Recruiter for Sajha Sawal TV/Radio program June 2015-2018

- ❖ I have able to bring the various participants per- week 60/70.
- ❖ My priority of participants were Women, Ethnicity, disadvantage Rural and marginalized community people more than 50% and they have raged the questions with their leaders.
- ❖ We worked together, so I always coordinated with my team and other departments in office.
- ❖ Conducted Audience Recruitment training for local TV and local radio stations.
- ❖ Managed the floor as a floor manager.
- ❖ Growth my research skill and audio editing.
- ❖ Collected the data of audience and panelist

**Radio Jagaran Butwal
May**

2007-2015

Program Producer/Presenter/Reporter/News Reader

- ❖ Produce of Radio magazine program.
- ❖ Present of musical program and radio magazine program.
- ❖ News reader, writer and reporter.
- ❖ Voice editing and mixing.
- ❖ Raising the various social problems by many programs. It was Dalit, Women, HIV/AIDS, LGBTI, heath, child marriage etc.
- ❖ Participated Basic journalism training as a trainer.

Hasana Magazine

2012-2015 May

Reporter

Hasana magazine is national monthly magazine. It carries the various women Issues.

- ❖ I have reported every month women issue related story and interview.
- ❖ I have written women harassment, Violence, child marriage, dowry system, women health, and success stories etc.

Butwal Today Daily paper

2013-2015

Repoter

Butwal is media hub. There are many radios, T/Vs and Newspapers. I was interested to write, and I want to develop my writing skill.

- ❖ I have frequently written political issues HIV/AIDS girls, women, Dalit's, and marginalized community, good governance, education and health issues. So, I have learned more.

Radio Jagaran Butwal

2007 - 3

months

Volunteer

I was fresh student in this time. I have learned many things related to journalism during these three months.

- ❖ Good speaking.
- ❖ I have able to growth relationship between radio staffs, friends, community peoples and other stake holders.
- ❖ I have built relationship between radio staffs, friends, community peoples and other stake holders.
- ❖ Used radio equipments.
- ❖ Script writing.
- ❖ Produced radio report, interview, Vox-pop etc.

TRAINING ON PROFESSIONAL DEVELOPMENT

Date	Theme	Organizer	Place
16-25- june- 2007	Radio Program Production Tranning	Radio Jagaran	Butwal,Rupandehi.
23 -27-2008	Basic journalism	Dalit Class	Tensan Palpa

	training	Upliftment District Coordination Committee	
13 - 24 -12- 2007	Peace and Human Rights Communication Training	Worldview Nepal	Bhaktapur
30-06 to 04-07- 2008	Dalit Issue based Radio Program production training.	Jagaran Media Center	Kathmandu
19-24-2010	Training course of radio Production	Radio Sagarmatha	Kathmandu
7-8-2012	New Media and constitution Issue	Equal Access Nepal	Pokhara,Kaski
29-30-2011	Working in conflict affected Environments	Equal Access Nepal	Rupandehi.
10-12-2011	state resture and minority rights	Support Nepal	Butwal,Rupandehi
19-22-Jan-2013	Women community radio broadcasters of south Asia for enhancing to community media promoting Positive Social Change and peace building Through Community Broadcasting	AMARC Asia Pacific and community Radio Forum.	New Delhi India.

25 - 29-June 2013	Tanning of TOT on untouchability act, nap (1325&1820)	Jagaran Media Center.	Butwal.Rupandehi
13-17 September-2019	Multimedia online journalism training	Working Women Journalist(WWJ)	Kathmandu.

Fellowship Program

Organizer	Theme	Date
Panos South Asia	Economic Empowerment of Women (Media training fellowship.)	2012/2013 (Six months)
The Story Kitchen	Role and Contribution of Dalit Women in Political Movement.	17 January 2022 - 31 March 2022
Feminist Dalit Organization - FEDO, Nepal	Dalit Women and civic and democratic space.	27 September 2022 to 30 November - 2022
Nepali Brothers (Hami Dajjuvai) and TU Gender Department.	Men and masculinities in the Dalit movement.	2 April 2023 - 25 May 2023

LEADERSHIP SKILL & ORGANIZATIONAL EXPERIENCES

S.N.	Organization	Position	Duration
1.	Working Women Journalist (WWJ) Rupandehi	Founder Secretary	October 2012 to July 2015.

2.	Working Women Journalist (WWJ) Kathmandu.	Member Central Executive	February 2021- to Till now
3.	International Dalit Journalist Network.(IDJN)	Member Central Executive Committee	April 2021 to Till now

Language: -

Nepali, English and Hindi.

References

Name	Title	Email/ Phone number
Kamala Bishwokarma	Chairperson,Jagaran Media Center Kathmandu.	kamalajee75@gmail.com 9841022343
Bhuwan Timilsina	Senior Producer, BBC Media Action	Bhuwan.Timilsina@NP.bbcmediaaction.org 9851107641